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### **Department of Aging to Take Part in National Healthcare Decision Day**

Towson, Md. (April 9, 2010) — National Healthcare Decision Day is right around the corner. Receive assistance in making your healthcare choices known. The Department of Aging will host two seminars that focus on vital healthcare decisions as part of National Healthcare Decision Day on April 16.

The national event was established to educate the public about advanced directives and other end-of-life decisions.

One seminar, "Making Up My Mind About Do Not Resuscitate Orders," will take place at 12:45 p.m. at the Essex Senior Center. This seminar will focus on the "Do Not Resuscitate" emergency services form and the options available regarding care.

The second seminar, "Advance Planning: How to Make Your Final Wishes Known," will be held at Liberty Senior Center at 12:45 p.m. This workshop will cover how to execute an advance directive, including a living will and power of attorney for health care. These important documents make sure that wishes for medical care are honored, if the individual is unable to speak for themselves.

If you're interested in more legal information, then plan on coming to the senior centers in recognition of Law Day on April 30.

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Law Day will include free legal counseling on advanced directives. This counseling is provided by the Elder Law Section Council of the Maryland State Bar Association. Local attorneys will offer free preparation of living wills, advance directives and healthcare powers of attorney for seniors 60 and over.

Appointments are required. Please contact your local senior or call 410-887-2040 to make an appointment.

For more information about Healthcare Decisions Day or Law Day, please call 410-887-2594 or visit [www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging).

The mission of the Baltimore County Department of Aging is to develop and administer programs and activities that support Baltimore County senior citizens in their efforts to remain healthy, active, and independent members of the community and to provide, coordinate, and advocate for services which ensure the highest quality of life for both active and health-impaired seniors, their families, and caregivers. For more information on the various programs provided by BCDA visit [www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging).