

SOUTH DAKOTA

Advance Directive

Planning for Important Healthcare Decisions

Courtesy of CaringInfo

www.caringinfo.org

CaringInfo, a program of the National Alliance for Care at Home (the Alliance), is a national consumer engagement initiative to improve care and the experience of caregiving during serious illness and at the end of life. As part of that effort, CaringInfo provides detailed guidance for completing advance directive forms in all 50 states, the District of Columbia, and Puerto Rico.

This package includes:

- Instructions for preparing your advance directive. Please read all the instructions.
- Your state-specific advance directive forms, which are the pages with the gray instruction bar on the left side.

BEFORE YOU BEGIN

Check to be sure that you have the materials for each state in which you may receive healthcare. Because documents are state-specific, having a state-specific document for each state where you may spend significant time can be beneficial. A new advance directive is not necessary for ordinary travel into other states. The advance directives in this package will be legally binding only if the person completing them is a competent adult who is 18 years of age or older, or an emancipated minor.

ACTION STEPS

1. You may want to photocopy or print a second set of these forms before you start so you will have a clean copy if you need to start over.
2. When you begin to fill out the forms, refer to the gray instruction bars — they will guide you through the process.
3. Talk with your family, friends, and physicians about your advance directive. Be sure the person you appoint to make decisions on your behalf understands your wishes.
4. Once the form is completed and signed, photocopy, scan, or take a photo of the form and give it to the person you have appointed to make decisions on your behalf, your family, friends, healthcare providers, and/or faith leaders so that the form is available in the event of an emergency.

5. You may also want to save a copy of your form in your electronic healthcare record, or an online personal health records application, program, or service that allows you to share your medical documents with your physicians, family, and others who you want to take an active role in your advance care planning.

INTRODUCTION TO YOUR SOUTH DAKOTA ADVANCE HEALTH CARE DIRECTIVE

This packet contains a legal document, a **South Dakota Advance Directive**, that protects your right to refuse medical treatment you do not want, or to request treatment you do want, in the event you lose the ability to make decisions yourself.

Part I contains a **South Dakota Durable Power of Attorney for Health Care**. This part lets you name someone, your “agent,” to make decisions about your medical care—including decisions about life-sustaining procedures—if you can no longer speak for yourself. The durable power of attorney for health care is especially useful because it appoints someone to speak for you any time you are unable to make your own medical decisions, not only at the end of life.

Part II contains a **South Dakota Declaration**, which is your state’s living will. Your declaration lets you state your wishes about health care in the event that you can no longer make your own health care decisions and you are terminally ill.

Part III contains the signature and witnessing provisions so that your document will be effective.

Following the advance directive is a **South Dakota Organ Donation Form**.

You may complete Part I, Part II, or both, depending on your advance-planning needs. **You must complete Part III.**

How do I make my South Dakota Advance Health Care Directive legal?

While there are no legal requirements for witnessing your signature if you only complete Part I, your **Durable Power of Attorney for Health Care**, you should have it witnessed in the manner required for Part II to be sure that your wishes are honored in the event someone challenges your document.

If you complete part II, the **Declaration** (living will), you must sign or have someone sign for you at your direction your document in the physical or electronic presence of two adult witnesses. Although not required, you may also have your document notarized.

Whom should I appoint as my agent?

Your agent is the person you appoint to make decisions about your healthcare if you become unable to make those decisions yourself. Your agent may be a family member or a close friend whom you trust to make serious decisions. The person you name as your agent should clearly understand your wishes and be willing to accept the responsibility of making healthcare decisions for you.

You can appoint a second person as your alternate agent. The alternate will step in if the first person you name as an agent is unable, unwilling, or unavailable to act for you.

Should I add personal instructions to my advance directive?

Yes! One of the most important reasons to execute an advance directive is to have your voice heard. When you name an agent and clearly communicate to them what you want and don't want, they are in the strongest position to advocate for you. Because the future is unpredictable, be careful that you do not unintentionally restrict your agent's power to act in your best interest. Be especially careful with the words "always" and "never." In any event, be sure to talk with your agent and others about your future healthcare and describe what you consider to be an acceptable "quality of life."

When does my agent's authority become effective?

Your **Durable Power of Attorney for Health Care** goes into effect when your doctor determines in good faith that you are no longer able to make or communicate your health care decisions.

Your **Declaration** (living will) goes into effect when your doctor determines that you are no longer able to participate in your medical decisions, you are terminally ill—which includes permanent unconsciousness—and your death is imminent.

Agent Limitations

Your agent cannot withhold or withdraw comfort care.

Your agent will be bound by the current laws of South Dakota as they regard pregnancy and termination of pregnancies.

What if I change my mind?

You can revoke Part I, your **Durable Power of Attorney for Health Care**, at any time and in any manner that expresses your intent, such as executing a written revocation, destroying all copies of your document, or stating your revocation orally. It is important that you notify your agent of your revocation, as he or she will not be held liable for acting as your agent if he or she is unaware of your revocation. If you recorded your durable power of attorney for health care with the register of deeds, you must also record any revocation with the register of deeds.

You can revoke Part II, your **Declaration**, at any time and in any manner that expresses your intent, such as executing a written revocation, destroying all copies of your document, or stating your revocation orally. Your revocation becomes effective on communication to your health care provider.

Mental Health Issues

These forms do not *expressly* address mental illness, although you can state your wishes and grant authority to your agent regarding mental health issues. The National Resource Center on Psychiatric Advance Directives maintains a website (<https://nrc-pad.org/>) with links to each state's psychiatric advance directive forms. If you would like to make more detailed advance care plans regarding mental illness, you could talk to your physician and an attorney about a durable power of attorney tailored to your needs.

What other important facts should I know?

Artificial nutrition and hydration will not be withheld or withdrawn unless you specifically state that you want it withheld or withdrawn in your advance directive or you expressly authorize your agent to direct the withholding of artificial nutrition or hydration.

Life-sustaining treatment and artificial nutrition and hydration will not be withheld from you if you are pregnant, unless it is reasonably medically certain that such treatment will not permit the development and live birth of the unborn child, or will be physically harmful to you, or will prolong severe pain which cannot be alleviated by medication.

Be aware that your advance directive will not be effective in the event of a medical emergency, except to identify your agent. Ambulance and hospital emergency department personnel are required to provide cardiopulmonary resuscitation (CPR) unless you have a separate physician's order, which are typically called "prehospital medical care directives" or "do not resuscitate orders." DNR forms may be obtained from your state health department or department of aging (<https://www.hhs.gov/aging/state-resources/index.html>). Another form of orders regarding CPR and other treatments are state-specific POLST (portable orders for life sustaining treatment) (<https://polst.org/form-patients/>). Both a POLST and a DNR form MUST be signed by a healthcare provider and MUST be presented to the emergency responders when they arrive. These directives instruct ambulance and hospital emergency personnel not to attempt CPR (or to stop it if it has begun) if your heart or breathing should stop.

SOUTH DAKOTA ADVANCE DIRECTIVE – PAGE 1 OF 5

PART I

PRINT YOUR NAME
AND ADDRESS

PRINT THE NAME,
ADDRESS, AND
TELEPHONE
NUMBER OF YOUR
AGENT

PRINT THE NAME,
ADDRESS AND
TELEPHONE
NUMBER OF
YOUR ALTERNATE
AGENT

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PART I. DURABLE POWER OF ATTORNEY FOR HEALTH CARE

I, _____, of
(name of principal)

(address)

hereby appoint _____, of
(name of agent)

(address and telephone number of agent)

As my attorney-in-fact ("agent") to consent to, to reject, or to withdraw consent for medical procedures, treatment, or intervention.

2) In the event the person I appoint above is unable, unwilling or unavailable to act as my health care agent, I hereby appoint as my successor agent:

_____, of
(name of successor agent)

(address and telephone number of successor agent)

3) I have discussed my wishes with my agent and my successor agent, and authorize him/her to make all and any health care decisions for me, including decisions to withhold or withdraw any form of life support. I expressly authorize my agent (and successor agent) to make decisions for me regarding the withholding or withdrawal of artificial nutrition and hydration in all medical circumstances.

4) This power of attorney becomes effective when I can no longer make my own medical decisions, and is not affected by physical disability or mental incompetence. The determination of whether I can make my own medical decisions is to be made by my agent, or if he or she is unable, unwilling or unavailable to act, by my successor agent, unless the attending physician determines that I have decisional capacity.

ADD OTHER INSTRUCTIONS, IF ANY, REGARDING YOUR ADVANCE CARE PLANS

THESE INSTRUCTIONS CAN FURTHER ADDRESS YOUR HEALTH CARE PLANS, SUCH AS YOUR WISHES REGARDING HOSPICE TREATMENT, BUT CAN ALSO ADDRESS OTHER ADVANCE PLANNING ISSUES, SUCH AS YOUR BURIAL WISHES

ATTACH ADDITIONAL PAGES IF NEEDED

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I give the following instructions to help guide my agent:

This image shows a full page of blank white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the paper.

(attach additional pages if needed)

PART II

PART II. DECLARATION

Notice

This is an important legal document. A living will directs the medical treatment you are to receive in the event you are in a terminal condition and are unable to participate in your own medical decisions. This living will may state what kind of treatment you want or do not want to receive.

NOTICE

Prepare this document carefully. If you use this form, read it completely. You may want to seek professional help to make sure the form does what you intend and is completed without mistakes.

This document will remain valid and in effect until and unless you revoke it. Review this document periodically to make sure it continues to reflect your wishes. You may amend or revoke this document at any time by notifying your physician and other health care providers. You should give copies of this document to your family, your physician and your health care facility. This form is entirely optional. If you choose to use this form, please note that the form provides signature lines for you, the two witnesses whom you have selected and a notary public.

SOUTH DAKOTA ADVANCE DIRECTIVE - PAGE 4 OF 5

PRINT YOUR NAME

TO MY FAMILY, HEALTH CARE PROVIDER, AND ALL THOSE CONCERNED
WITH MY CARE:

I, _____,
direct that you follow my wishes for care if I am in a terminal condition, my
death is imminent, and I am unable to communicate my decisions about my
medical care.

With respect to any life-sustaining treatment, I direct the following:

LIFE-SUSTAINING
TREATMENT
CHOICES

*(Initial only one of the following optional options. If you do not agree with
either of the following options, space is provided below for you to write
your own instructions).*

INITIAL ONLY ONE

_____ If my death is imminent, I choose not to prolong my life. If life
sustaining treatment has been started, stop it, but keep me comfortable
and control my pain.

_____ Even if my death is imminent, I choose to prolong my life.

_____ I choose neither of the above options, and here are my instructions
should I become terminally ill and my death is imminent:

With respect to artificial nutrition and hydration, I direct the following

ARTIFICIAL
NUTRITION AND
HYDRATION
CHOICES

*(Artificial nutrition and hydration means food and water provided by means
of a tube inserted into the stomach or intestine or needle into a vein.)*

(initial only one):

INITIAL ONLY ONE

_____ If my death is imminent, I do not want artificial nutrition and
hydration. If it has been started, stop it.

_____ Even if my death is imminent, I want artificial nutrition and
hydration.

PART III

SIGN, DATE, AND
PRINT YOUR NAME
AND ADDRESS

IF YOU COMPLETED
PART II, YOU MUST
HAVE YOUR
SIGNATURE
WITNESSED

IN ANY EVENT IT IS
A GOOD IDEA TO
HAVE YOUR
SIGNATURE
WITNESSED, EVEN
IF YOU HAVE
COMPLETED ONLY
PART I

YOUR WITNESSES
MUST SIGN, DATE,
AND PRINT THEIR
NAMES AND
ADDRESSES HERE

THIS OPTIONAL
SECTION IS TO BE
COMPLETED BY A
NOTARY PUBLIC

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PART III. EXECUTION

Signature: _____ Date: _____

Printed Name: _____

Address: _____

WITNESSES

The declarant voluntarily signed this document in my presence.

Witness Signature: _____ Date: _____

Printed Name: _____

Address: _____

Witness Signature: _____ Date: _____

Printed Name: _____

Address: _____

NOTARY (OPTIONAL)

On this the _____ day of _____, the declarant,

_____ , and

witnesses _____ and _____,

personally appeared before the undersigned officer and signed the foregoing
instrument in my presence.

Dated this _____ day of _____.

Notary Public
My Commission expires: _____

Courtesy of CaringInfo
www.caringinfo.org

ORGAN DONATION
(OPTIONAL)

INITIAL THE
OPTION THAT
REFLECTS YOUR
WISHES

ADD NAME OR
INSTITUTION (IF
ANY)

PRINT YOUR NAME,
SIGN, AND DATE
THE DOCUMENT

YOUR
WITNESSES
MUST SIGN AND
PRINT THEIR
ADDRESSES

AT LEAST ONE
WITNESS MUST BE
A DISINTERESTED
PARTY

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SOUTH DAKOTA ORGAN DONATION FORM - PAGE 1 OF 1

Initial the line next to the statement below that best reflects your wishes. You do not have to initial any of the statements. If you do not initial any of the statements, your attorney for health care, proxy, or other agent, or your family, may have the authority to make a gift of all or part of your body under South Dakota law.

_____ I do not want to make an organ or tissue donation and I do not want my attorney for health care, proxy, or other agent or family to do so.

_____ I have already signed a written agreement or donor card regarding organ and tissue donation with the following individual or institution:

Name of individual/institution: _____

_____ Pursuant to South Dakota law, I hereby give, effective on my death:

_____ Any needed organ or parts.

_____ The following part or organs listed below:

For (initial one):

_____ Any legally authorized purpose.

_____ Transplant or therapeutic purposes only.

Declarant name: _____

Declarant signature: _____, Date: _____

The declarant voluntarily signed or directed another person to sign this writing in my presence.

Witness _____, Date _____

Address _____

I am a disinterested party with regard to the declarant and his or her donation and estate. The declarant voluntarily signed or directed another person to sign this writing in my presence.

Witness _____, Date _____

Address _____

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